



KernBHRS Prevention Team

Substance Use Disorder Division

To **prevent** behavioral health problems before they ever start, education and access to resources are key. Through evidence-based strategies and programs, the Prevention team gives people the tools, resources and knowledge they need to be aware of substance abuse and what steps are needed to make lasting changes in our communities.

Outreach & Education

The team uses public education and community outreach events to bring awareness about alcohol and drug misuse and abuse to students, parents, educators and professionals. Prevention resources are distributed at local community events and health fairs.

Community-Based Environmental Risk Reduction (CBERR)

Kern County is home to very diverse communities, each with unique needs. Through mini-grants, KernBHRS works with community members throughout Kern County to identify issues, including youth alcohol access and availability, and develop solutions to address them.

Drug Free Kern

DFK is made up of local agencies, businesses, treatment providers and community members. It aims to reduce the impact of substance and alcohol misuse and abuse within the community through evidence-based prevention, early intervention and suppression strategies.

One of its programs, KernRxReturn, provides communities with free, safe receptacles to dispose of unused, unwanted or expired prescription and over-the-counter medications.

Kern County Friday Night Live Partnership

KCFNLP collaborates with schools, districts and other agencies to provide programs to the widest range of youth possible. The Friday Night Live Roadmap allows local students to create and implement their own prevention project based on concerns on their campus.

For more information on access the KernBHRS Prevention Team's services, call **661-868-8043** or email Prevention@KernBHRS.org.