## **Performance Outcomes System**

#### Report run on March 13, 2018

#### Background

Three reports will be created during each new reporting period. The reports that will be produced are as follows: statewide aggregate data; population-based county groups; and county-specific data. These reports help meet the intent of the Legislature, as stated in Welfare and Institutions Code Section 14707.5, to develop a performance outcomes system for Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) mental health services that will improve outcomes at the individual, program, and system levels and inform fiscal decision-making related to the purchase of services. This reporting effort is part of the implementation of a performance outcomes system for Medi- Cal Specialty Mental Health Services (SMHS) for children and youth.

Since 2012 DHCS has worked with several groups of stakeholders to create a structure for reporting, to develop the Performance Measurement Paradigm, and to develop indicators and measures. The Performance Outcomes System will be used to evaluate the domains of access, engagement, service appropriateness to need, service effectiveness, linkages, cost effectiveness and satisfaction. Further information on the Performance Measures System implementation is available on the DHCS website. Documents posted include the relevant legislation, plans submitted to the Legislature, and handouts for meetings with the Stakeholder Advisory Committee back to the first meeting in 2012. To obtain this information go to: <a href="http://www.dhcs.ca.gov/provgovpart/pos/Pages/default.aspx">http://www.dhcs.ca.gov/provgovpart/pos/Pages/default.aspx</a>

#### **Purpose and Overview**

These county-specific reports provide updated information on the initial indicators that were developed for the Performance Outcomes System and reported on at the statewide aggregate level in February 2015; they help establish a foundation for on-going reporting. DHCS plans to move to annual reporting of this data for the Performance Outcomes System.

The first series of charts and tables focus on the demographics of children and youth under 21 who are receiving SMH' based on approved claims for Medi-Cal eligible beneficiaries. Specifically, this includes demographics tables of this population by age, gender, and race/ethnicity. Two types of penetration information are provided. Both penetration rates tables are also broken out by demographic characteristics. Utilization of services data are shown in terms of dollars, as well as by service, in time increments. The snapshot table provides a point-in-time view of children/youth arriving, exiting, and continuing services over a two-year period. The time to step down table provides a view over the past four years of the time to step-down services following inpatient discharge.

Where possible, the reports provide trend information by displaying information for four Fiscal Years (FY). A FY is from July 1st to June 30th.

Utilization of services reports are shown in terms of dollars, as well as by service in time increments. The snapshot report provides a point-in-time view of children arriving, exiting, and continuing services over a two-year period. The final report provides a view over the past four years of the time to step-down services (i.e., time to next contact after an inpatient discharge). **Note:** The time to step-down report has a change in methodology from the first report produced in February 2015. In the initial report only outpatient services provided at least one day after the inpatient discharge were included in the calculations. On subsequent reports, any outpatient service that occurs on or after the inpatient discharge is included in the analysis.

#### Definitions

**Population** - Beneficiaries with approved services adjudicated through the Short Doyle/Medi-Cal II claiming system that were:

• Age 20 or younger during the approved date of service on the claim.

#### Data Sources -

- •Short-Doyle/Medi-Cal II (SD/MC II) claims with dates of service in FY 13/14 through FY 16/17.
- Medi-Cal Eligibility Data System (MEDS) data from the Management Information System/Decision Support System (MIS/DSS) FY 13/14 through FY16/17.

## **Performance Outcomes System**

Report run on March 13, 2018

#### Additional Information

The Measures Catalog is the companion document for these reports and provides the methodology and definitions for the measures. Each measure is defined and the numerator and denominator used to develop the metrics are provided with relevant notes and additional references. The Measures Catalog may be found at: <a href="http://www.dhcs.ca.gov/services/MH/Documents/POS">http://www.dhcs.ca.gov/services/MH/Documents/POS</a> Measures Catalog Sept 2016.pdf

#### Note on Privacy:

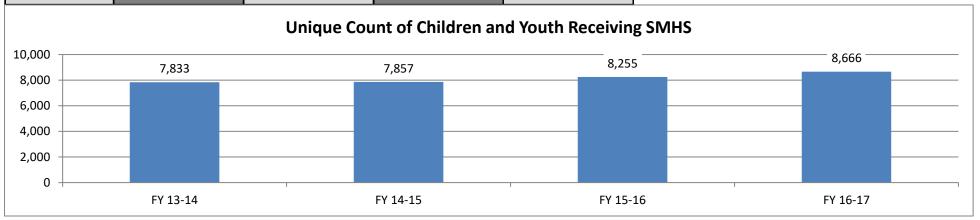
The Health Insurance Portability and Accountability Act (HIPAA) and Code of Federal Regulations (CFR) 42 rules protect most individually identifiable health information in any form or medium, medium, whether electronic, on paper, or oral. DHCS has strict rules in place to protect the identification of individuals in public reports. A "Public Aggregate Reporting – DHCS Business Reports" process has been established to maintain confidentiality of client Personal Information. The Performance Outcomes System complies with Federal and State privacy laws. Thus, the POS must appropriately and accurately de-identify data for public reporting. Due to privacy concerns, some cells in this report may have been suppressed to comply with state and federal rules. When necessary, this data is represented as follows: 1) Data that is missing is indicated as "-" 2) Data that has been suppressed due to privacy concerns is indicated as "^".

### **Report Interpretation**

- \*County-specific findings may be interpreted alongside the POS statewide and population-based report findings.
- \*New Age Methodology for Identifying Children under 21 (POS reports posted after to 7/1/17): Beneficiaries that were under the age of 21 for the entire fiscal year (their age was less than 21 as of June 30th of the reported fiscal year).
- \*The **penetration rates** reported here were calculated using a different methodology than that used by the External Quality Review Organization (EQRO). For the POS, the penetration rate is calculated by taking the total number of youth who received one or more SMHS' in a FY and dividing that by the total number of Medi-Cal eligible youth for that FY. This methodology results in lower penetration rates as compared to the EQRO rates, but it does so across the board so that all counties and the state will be similarly impacted. Penetration rates provide a measure of initial contact with the specialty mental health system.
- \*The **engagement rates** are calculated similarly to penetration rates but are intended to measure ongoing engagement with the specialty mental health system. The engagement rate is calculated by taking the total number of youth who received five or more SMHS' in a FY and dividing that by the total number of Medi-Cal eligible youth for that FY.
- \*The *snapshot* report provides a point-in-time look at children and youth's movement through the SMHS system. The report uses six general categories to classify if a youth is entering, exiting, continuing services, or a combination of these categories (e.g., arriving and exiting). Eventually the snapshot data will be used along with measures of service effectiveness to identify whether youth are improving as a result of receiving services from the time they first arrived in the system to when they exit the system. This methodology was adapted from the California Mental Health and Substance Use System Needs Assessment (2012). More information on the original methodology can be found here: http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx
- \*The psychiatric emergency services/hospital data reported on in the *time to step-down services* report includes data from Short Doyle/Medi-Cal II claims data and fee-for-service data. In the future this report will incorporate other outpatient and inpatient Medi-Cal SMHS' billed through the Managed Care healthcare delivery systems. Currently, the number of days is capped at 365 days (to mitigate the impact of extreme statistical anomalies) when calculating the mean and max for time between discharge and step down service. This methodology will be updated in the next reporting cycle. Additionally, county specific and population-based reports are based off of the beneficiary's county of Medi-Cal responsibility during the eligibility month when the inpatient service occurred.

Please contact cmhpos@dhcs.ca.gov for any questions regarding this report.

SFY	Unique Count Receiving SMHS*	Year-Over-Year Percentage Change	Unique Count of Medi-Cal Eligibles	Year-Over-Year Percentage Change
FY 13-14	7,833		193,611	
FY 14-15	7,857	0.3%	203,760	5.2%
FY 15-16	8,255	5.1%	213,832	4.9%
FY 16-17	8,666	5.0%	218,075	2.0%
Compound Annual Growth Rate SFY**		3.4%		4.0%

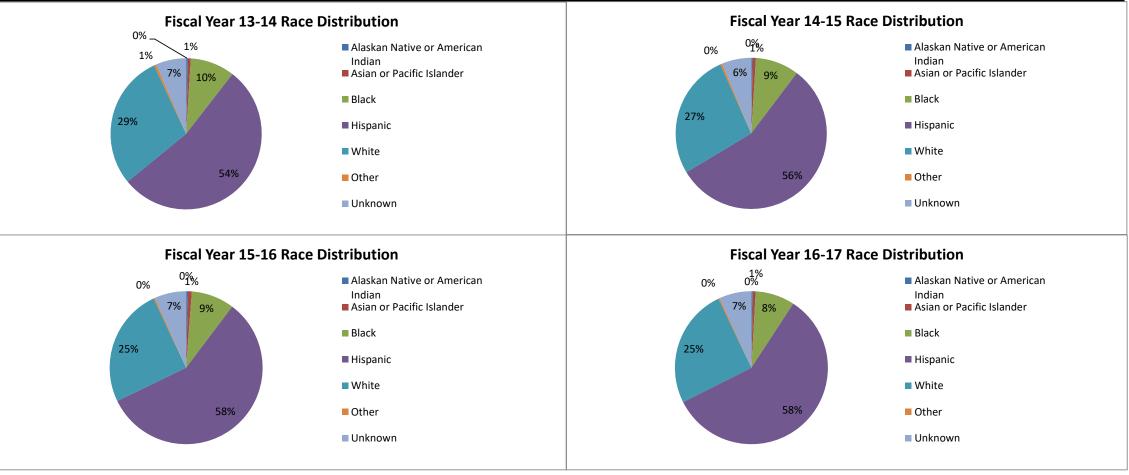


<sup>\*</sup>SMHS = Specialty Mental Health Services. See Measures Catalog for more detailed information.

<sup>\*\*</sup>SFY = State Fiscal Year which is July 1 through June 30.

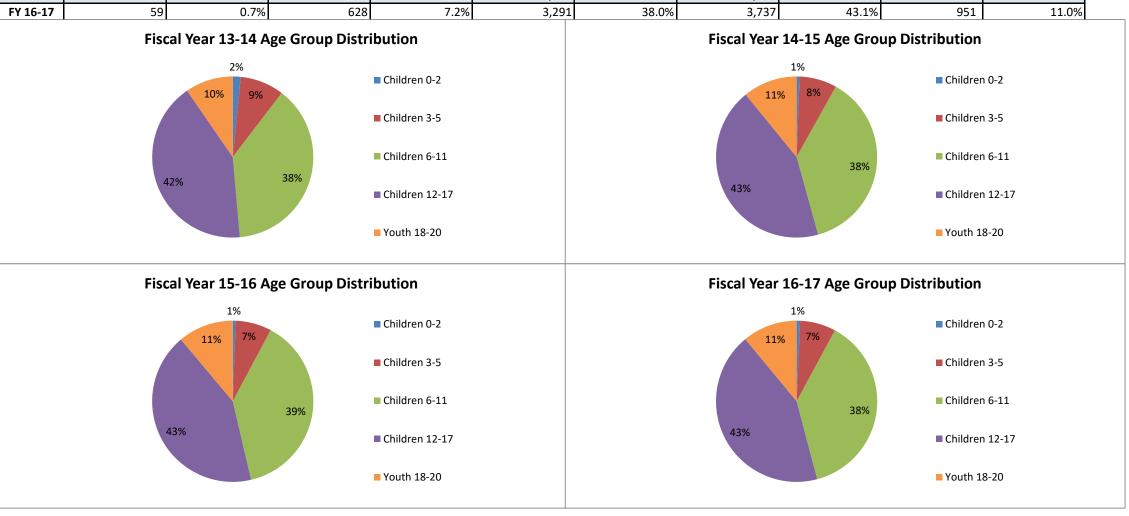
Kern County as of March 13, 2018

Fiscal Year	Alaskan Native or American Indian Count	Alaskan Native or American Indian %	Asian or Pacific Islander Count	Asian or Pacific Islander %	Black Count	Black %	Hispanic Count	Hispanic %	White Count	White %	Other Count	Other %	Unknown Count	Unknown %
FY 13-14	30	0.4%	49	0.6%	747	9.5%	4,201	53.6%	2,262	28.9%	37	0.5%	507	6.5%
FY 14-15	25	0.3%	53	0.7%	730	9.3%	4,411	56.1%	2,116	26.9%	28	0.4%	494	6.3%
FY 15-16	29	0.4%	63	0.8%	752	9.1%	4,753	57.6%	2,081	25.2%	24	0.3%	553	6.7%
FY 16-17	29	0.3%	53	0.6%	723	8.3%	5,054	58.3%	2,193	25.3%	23	0.3%	591	6.8%
	09	Fiscal Ye	ear 13-14 R	ace Distribu	ution			Fiscal Year 14-15 Race Distribution						



Please note: This report uses the Medi-Cal Eligibility Data System to obtain race/ethnicity data. CDSS uses Child Welfare Services/Case Management System to obtain race/ethnicity data. For more information, please refer to the Measures Catalog.

F	iscal Year	Children 0-2 Count	Children 0-2 %	Children 3-5 Count	Children 3-5 %	Children 6-11 Count	Children 6-11 %	Children 12-17 Count	Children 12-17 %	Youth 18-20 Count	Youth 18-20 %
	FY 13-14	122	1.6%	692	8.8%	2,992	38.2%	3,274	41.8%	753	9.6%
	FY 14-15	51	0.6%	587	7.5%	2,954	37.6%	3,409	43.4%	856	10.9%
	FY 15-16	50	0.6%	596	7.2%	3,181	38.5%	3,510	42.5%	918	11.1%
	FY 16-17	59	0.7%	628	7.2%	3,291	38.0%	3,737	43.1%	951	11.0%

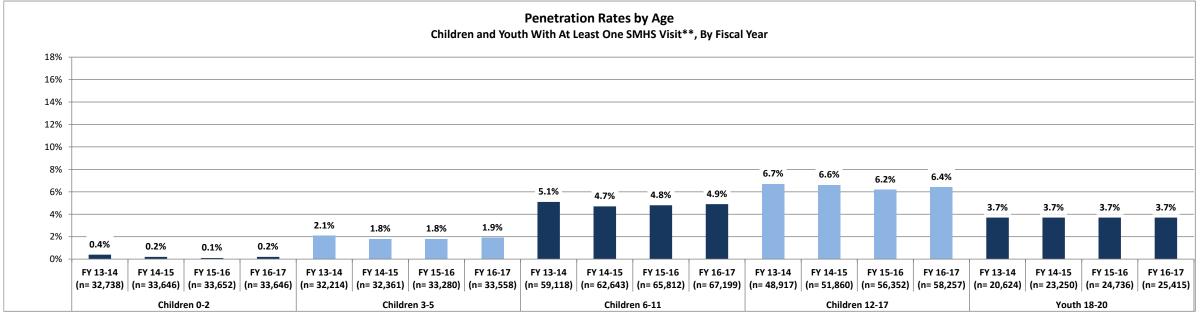


Fiscal Year	Female Count	Female %	Male Count	Male %
FY 13-14	3,354	42.8%	4,479	57.2%
FY 14-15	3,487	44.4%	4,370	55.6%
FY 15-16	3,689	44.7%	4,566	55.3%
FY 16-17	3.872	44.7%	4.794	55.3%



## Penetration Rates\* Report: Children and Youth with At Least One SMHS Visit\*\*

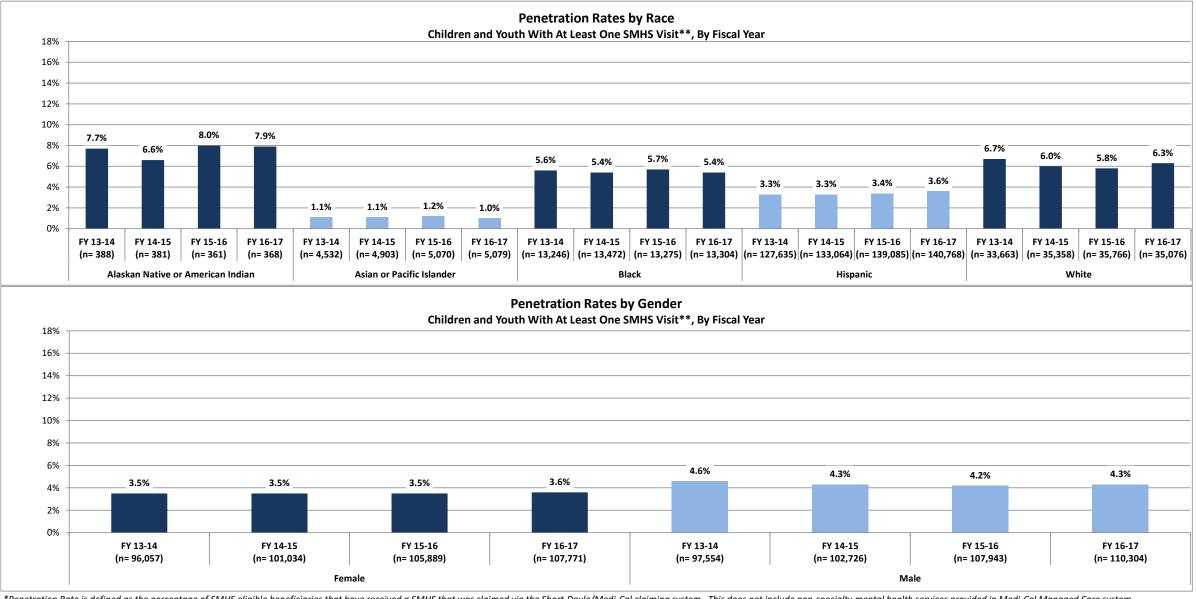
		FY 13-14			FY 14-15			FY 15-16		FY 16-17			
	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	
All	7,833	193,611	4.0%	7,857	203,760	3.9%	8,255	213,832	3.9%	8,666	218,075	4.0%	
Children 0-2	122	32,738	0.4%	51	33,646	0.2%	50	33,652	0.1%	59	33,646	0.2%	
Children 3-5	692	32,214	2.1%	587	32,361	1.8%	596	33,280	1.8%	628	33,558	1.9%	
Children 6-11	2,992	59,118	5.1%	2,954	62,643	4.7%	3,181	65,812	4.8%	3,291	67,199	4.9%	
Children 12-17	3,274	48,917	6.7%	3,409	51,860	6.6%	3,510	56,352	6.2%	3,737	58,257	6.4%	
Youth 18-20	753	20,624	3.7%	856	23,250	3.7%	918	24,736	3.7%	951	25,415	3.7%	
Alaskan Native or American Indian	30	388	7.7%	25	381	6.6%	29	361	8.0%	29	368	7.9%	
Asian or Pacific Islander	49	4,532	1.1%	53	4,903	1.1%	63	5,070	1.2%	53	5,079	1.0%	
Black	747	13,246	5.6%	730	13,472	5.4%	752	13,275	5.7%	723	13,304	5.4%	
Hispanic	4,201	127,635	3.3%	4,411	133,064	3.3%	4,753	139,085	3.4%	5,054	140,768	3.6%	
White	2,262	33,663	6.7%	2,116	35,358	6.0%	2,081	35,766	5.8%	2,193	35,076	6.3%	
Other	37	1,093	3.4%	28	1,192	2.3%	24	1,243	1.9%	23	1,408	1.6%	
Unknown	507	13,054	3.9%	494	15,390	3.2%	553	19,032	2.9%	591	22,072	2.7%	
Female	3,354	96,057	3.5%	3,487	101,034	3.5%	3,689	105,889	3.5%	3,872	107,771	3.6%	
Male	4,479	97,554	4.6%	4,370	102,726	4.3%	4,566	107,943	4.2%	4,794	110,304	4.3%	



<sup>\*</sup>Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system.

<sup>\*\*</sup>Children and Youth that have received at least one SMHS that was claimed through the Short-Doyle/ Medi-Cal claiming system on at least one (1) day in the Fiscal Year.

## Penetration Rates\* Report: Children and Youth with At Least One SMHS Visit\*\*

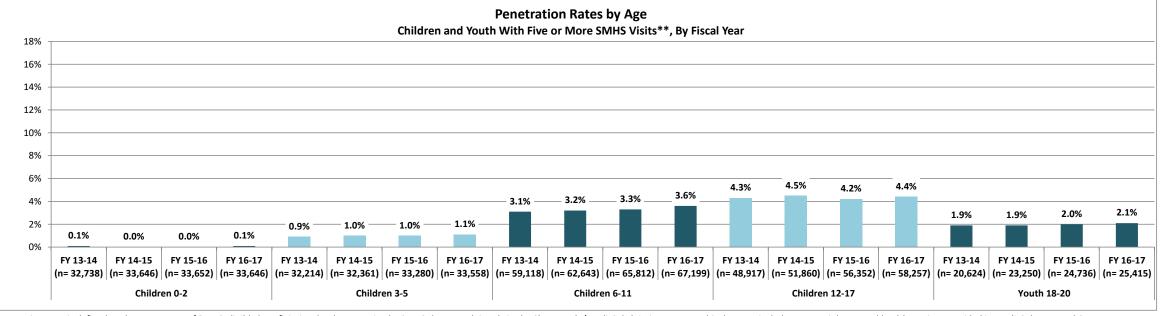


<sup>\*</sup>Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system.

<sup>\*\*</sup>Children and Youth that have received at least one SMHS that was claimed through the Short-Doyle/ Medi-Cal claiming system on at least one (1) day in the Fiscal Year.

## Penetration Rates\* Report: Children and Youth with Five or More SMHS Visits\*\*

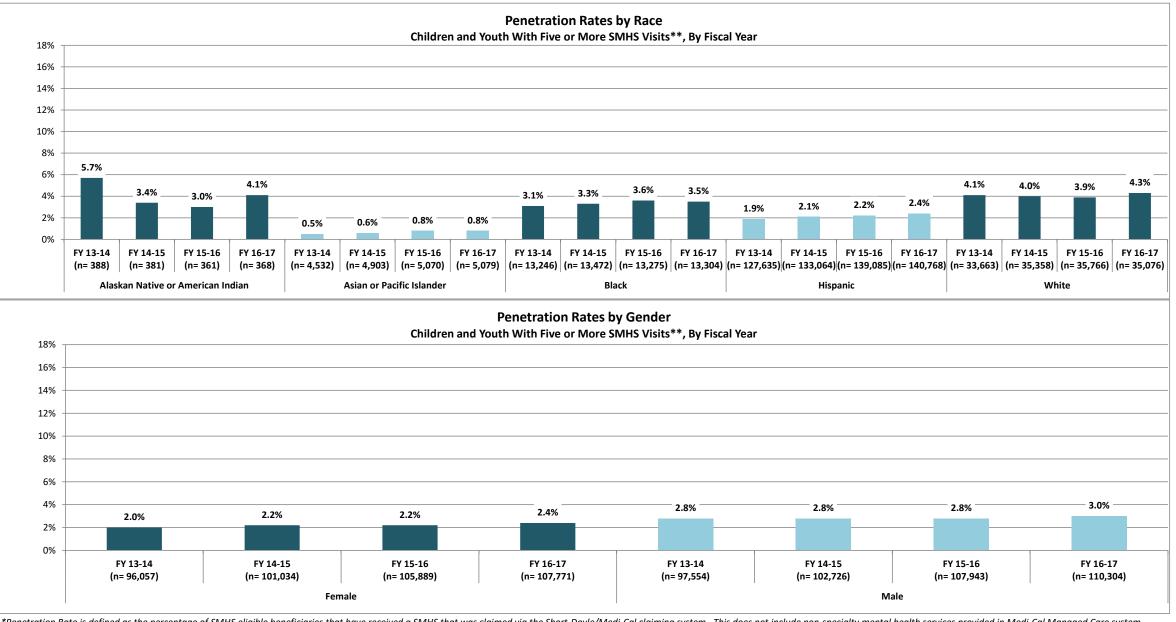
		FY 13-14			FY 14-15			FY 15-16			FY 16-17	
	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate
All	4,642	193,611	2.4%		203,760	2.5%		213,832	2.5%		218,075	2.7%
Children 0-2	20	32,738	0.1%	15	33,646	0.0%	14	33,652	0.0%	19	33,646	0.1%
Children 3-5	298	32,214	0.9%	308	32,361	1.0%	338	33,280	1.0%	354	33,558	1.1%
Children 6-11	1,838	59,118	3.1%	2,019	62,643	3.2%	2,204	65,812	3.3%	2,387	67,199	3.6%
Children 12-17	2,094	48,917	4.3%	2,315	51,860	4.5%	2,389	56,352	4.2%	2,575	58,257	4.4%
Youth 18-20	392	20,624	1.9%	453	23,250	1.9%	488	24,736	2.0%	544	25,415	2.1%
Alaskan Native or American Indian	22	388	5.7%	13	381	3.4%	11	361	3.0%	15	368	4.1%
Asian or Pacific Islander	21	4,532	0.5%	30	4,903	0.6%	41	5,070	0.8%	39	5,079	0.8%
Black	416	13,246	3.1%	439	13,472	3.3%	478	13,275	3.6%	464	13,304	3.5%
Hispanic	2,456	127,635	1.9%	2,849	133,064	2.1%	3,117	139,085	2.2%	3,448	140,768	2.4%
White	1,386	33,663	4.1%	1,426	35,358	4.0%	1,405	35,766	3.9%	1,505	35,076	4.3%
Other	18	1,093	1.6%	15	1,192	1.3%	14	1,243	1.1%	18	1,408	1.3%
Unknown	323	13,054	2.5%	338	15,390	2.2%	367	19,032	1.9%	390	22,072	1.8%
Female	1,946	96,057	2.0%	2,220	101,034	2.2%	2,376	105,889	2.2%	2,595	107,771	2.4%
Male	2,696	97,554	2.8%	2,890	102,726	2.8%	3,057	107,943	2.8%	3,284	110,304	3.0%



<sup>\*</sup>Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system.

<sup>\*\*</sup>Children and Youth that have received at least five SMHS that were claimed through the Short-Doyle/ Medi-Cal claiming system on at least five (5) or more different days in the Fiscal Year.

## Penetration Rates\* Report: Children and Youth with Five or More SMHS Visits\*\*



<sup>\*</sup>Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system.

<sup>\*\*</sup>Children and Youth that have received at least five SMHS that were claimed through the Short-Doyle/ Medi-Cal claiming system on at least five (5) or more different days in the Fiscal Year.

## Utilization Report\*: Approved Specialty Mental Health Services for Children and Youth Mean Expenditures and Mean Service Quantity per Unique Beneficiary by Fiscal Year

Kern County as of March 13, 2018

Fiscal Year	DMC Total Approved	IHBS (Minutes)	ICC (Minutes)	Case Management/ Brokerage (Minutes)	Mental Health Services (Minutes)	Therapeutic Behavioral Services (Minutes)	Medication Support Services (Minutes)	Crisis Intervention (Minutes)	Crisis Stabilization (Hours)	Full Day Treatment Intensive (Hours)	Full Day Rehabilitation (Hours)	Hospital Inpatient (Days)	Hospital Inpatient Admin (Days)	Fee for Service Inpatient (Days)	Treatment	Adult Residential Treatment Services (Days)	Psychiatric Health Facility (Days)
FY 13-14	\$ 3,377.04	561	274	184	909	1,497	211	206	10	707	717	10	0	6	11	257	9
FY 14-15	\$ 5,129.21	493	328	163	1,057	1,230	222	207	9	485	108	13	39	7	15	341	10
FY 15-16	\$ 4,595.41	574	381	150	941	1,259	194	203	12	358	545	9	3	7	14	50	9
FY 16-17	\$ 4,576.79	609	327	147	949	1,112	209	174	12	120	582	4	2	8	13	6	12
MEAN	\$ 4,419.61	559	327	161	964	1,275	209	197	11	417	488	9	14	7	13	163	10



<sup>\*</sup>The graphs are color coded so that those reported in the same unit of analysis (e.g., minutes) are colored similarly

Please note that (n) values listed at the bottom of each bar graph represent the actual number of children/youth that received the SMHS represented in their respective graph by Fiscal Year.

## Utilization Report\*: Approved Specialty Mental Health Services for Children and Youth Mean Expenditures and Mean Service Quantity per Unique Beneficiary by Fiscal Year



FY 14-15

(n = ^)

200 150 100

50

FY 13-14

(n = ^)

Please note that (n) values listed at the bottom of each bar graph represent the actual number of children/youth that received the SMHS represented in their respective graph by Fiscal Year.

FY 16-17

(n = ^)

FY 13-14

(n = 30)

50.0

FY 15-16

(n = ^)

FY 15-16

(n = 32)

FY 16-17

(n = 24)

FY 14-15

(n = 39)

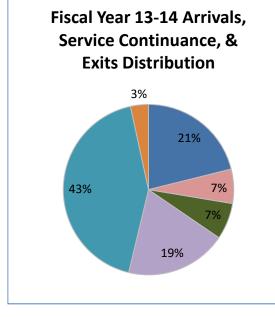
<sup>\*</sup>The graphs are color coded so that those reported in the same unit of analysis (e.g., minutes) are colored similarly

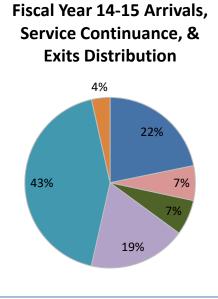
# Snapshot Report: Unique Count of Children and Youth Receiving SMHS Arriving, Exiting, and with Service Continuance by Fiscal Year

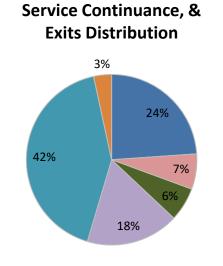
Kern County as of March 13, 2018

Category	Description (Please refer to the Measures Catalog for more detailed descriptions on all Performance Outcomes System measures.)
Arrivals	Children/Youth that did not receive any SMHS within 3 months of their first date of service in the Fiscal Year.
<b>Service Continuance</b>	Children/Youth receiving continuous services with no breaks in service greater than 90 days for a period of at least 2 years (>= 2 YR) or a period of 1 to 2 years (< 2 YR).
Exiting	Children/Youth that did not receive any SMHS within 3 months after their last date of service in the Fiscal Year.
<b>Arriving &amp; Exiting</b>	A distinct category in which children/youth met both the criteria for Arrivals and Exiting above for the fiscal year.
Service Continuance &	
Exiting	A distinct category in which Children/Youth had at least 2 years of Service Continuance going into the Fiscal Year and then Exited within the same Fiscal Year.

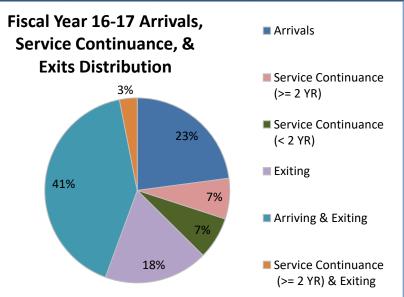
Service Fiscal Year	Arrivals Count	Arrivals %	Service Continuance (>= 2 YR) Count	Continuance	Service Continuance (<2 YR) Count	Service Continuance (< 2 YR) %	Exiting Count	Exiting %	Arriving & Exiting Count	Arriving & Exiting %		(>= 2 YR) and		Total %
FY 13-14	1,654	21.1%	513	6.5%	542	6.9%	1,507	19.2%	3,354	42.8%	263	3.4%	7,833	100%
FY 14-15	1,710	21.8%	521	6.6%	525	6.7%	1,454	18.5%	3,375	43.0%	272	3.5%	7,857	100%
FY 15-16	1,970	23.9%	549	6.7%	529	6.4%	1,455	17.6%	3,469	42.0%	283	3.4%	8,255	100%
FY 16-17	1,985	22.9%	615	7.1%	642	7.4%	1,578	18.2%	3,577	41.3%	269	3.1%	8,666	100%





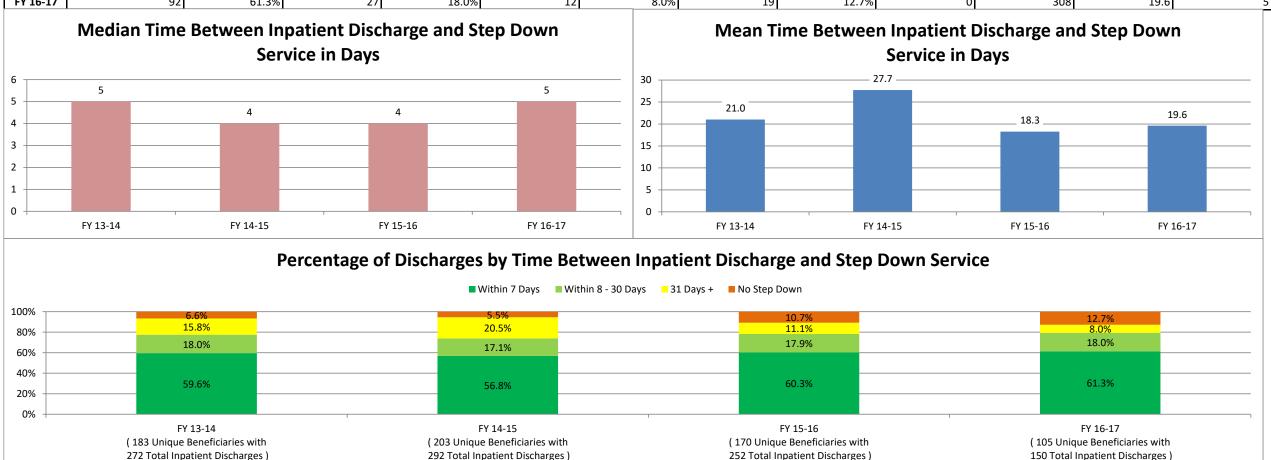


Fiscal Year 15-16 Arrivals,



## Time to Step Down Report: Children and Youth Stepping Down in SMHS Services Post Inpatient Discharge\*

Service FY	Count of Inpatient Discharges with Step Down within 7 Days of Discharge	Step Down within	Step Down Between 8 and 30	Inpatient Discharges with Step Down	Step Down > 30  Days from	Innationt	Discharges with		Minimum Number of Days between Discharge and Step Down	Number of Days	Mean Time to Next Contact Post Inpatient Discharge (Days)	Median Time to Next Contact Post Inpatient Discharge (Days)
FY 13-14	162	59.6%	49	18.0%	43	15.8%	18	6.6%	0	352	21.0	5
FY 14-15	166	56.8%	50	17.1%	60	20.5%	16	5.5%	0	352	27.7	4
FY 15-16	152	60.3%	45	17.9%	28	11.1%	27	10.7%	0	347	18.3	4
FY 16-17	92	61.3%	27	18.0%	12	8.0%	19	12.7%	0	308	19.6	5
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<sup>\*</sup> No Step Down is defined as no Medi-Cal eligible service was claimed through Short-Doyle/Medi-Cal after a claimed inpatient service was billed with a discharge date. This category may include data currently unavailable to DHCS, such as beneficiaries that were moved to a community-based program or beneficiaries that were incarcerated.