



# Be a **VOICE** for your community

Help shape the county's behavioral health services by joining the Kern County Behavioral Health Board as a **youth member!**

## Responsibilities

- Attend board meetings on the fourth Monday of each month via Zoom
- Attend an orientation
- Read the board's Bylaws to become an active BHB member.
- Serve on the KernBHRS Children's Services Committee
- Serve as an information resource to the community
- Work to generate public interest in mental health and substance abuse issues

## Interested?

Contact Tracy Lynch at **661-868-6641**  
or email [tindsey@kernbhhs.org](mailto:tindsey@kernbhhs.org)

## Ideal Candidate

- 16 to 25 years old
- Have some level of direct experience with either mental health or substance use issues either personally or through a close contact
- Strong communication and leadership skills
- Willing to be mentored by existing BHB member

## Benefits

- Have influence regarding behavioral health services that support youth
- Learn more about local behavioral health services
- Become an advocate for youth
- Gain valuable leadership skills