

Kern Behavioral Health and Recovery Services

COMMUNITY PROGRAM
PLANNING PROCESS
(CPPP)

FY 2023-2024 ANNUAL REPORT



THE MENTAL HEALTH SERVICES ACT & THE COMMUNITY PROGRAM PLANNING PROCESS

More than two million Californians are affected by potentially disabling mental illnesses every year. The passage of Proposition 63 (Mental Health Services Act or MHSA) in the November 2004 General Election was a significant step towards addressing this issue. This legislation, which taxes very high-income individuals an additional one percent of their annual income exceeding one million dollars, promised to bring about a substantial improvement in the delivery of mental health services and treatment across California.

The MHSA, a comprehensive approach to delivering behavioral health services and support for Kern County residents, is built on the recognition of the community's importance. It addresses a broad continuum of prevention, early intervention, and service needs, providing the necessary infrastructure, technology, and training to effectively support behavioral health and substance use programs.

The preparation and delivery of the stakeholder process are of great importance, as they are the driving force behind the consideration of program implementation. The community's role in providing feedback is crucial, as it empowers them to influence the direction of the programs and services. The CPPP focuses on collecting feedback on programs and services that are already in effect but need modification or new programs that must be created to provide appropriate, comprehensive, and meaningful mental health care.

In March 2024, Californian voters approved Proposition 1, a dynamic two-bill package that includes the forward-thinking Behavioral Health Services Act (BHSA—SB 326) and the innovative Behavioral Health Infrastructure Bond Act of 2024 (BHIBA—AB 531). This legislation paved the way for a promising future in the field of mental health services in California, which we are calling Behavioral Health Transformation or BHT. BHT will become effective on July 1, 2026, and will bring about significant changes to the behavioral health and substance use system of care.

MHSA GUIDING PRINCIPLES

Kern Behavioral Health and Recovery Services (KernBHRS) have played a crucial role in applying five fundamental MHSA principles in their Community Program Planning Process (CPPP). These guiding principles have been instrumental in shaping the planning and implementation of mental health services in Kern County.

1. Community Collaboration

Services should strengthen partnerships with diverse sectors to help create opportunities for employment, housing, and education.

2. Cultural Competence

Services should reflect the values, customs, beliefs, and languages of the populations served and eliminate disparities in service access.

3. Client, Consumer, and Family Involvement

Services should engage clients, consumers, and families in all aspects of the mental health system, including planning, policy development, service delivery, and evaluation.

4. Wellness and Recovery

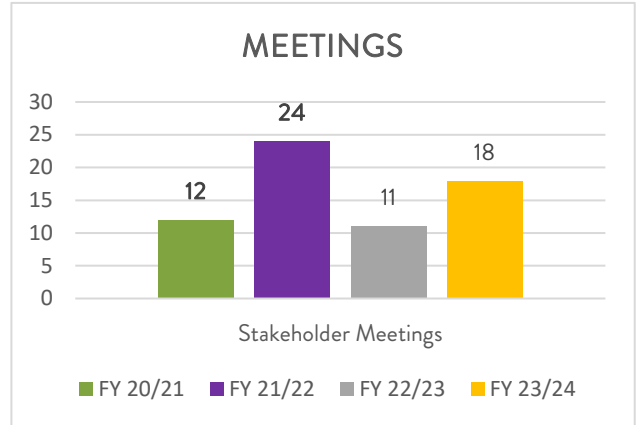
Services should promote recovery and resiliency by allowing clients and consumers to define their goals so they can live fulfilling and productive lives.

5. Integrated Service Delivery

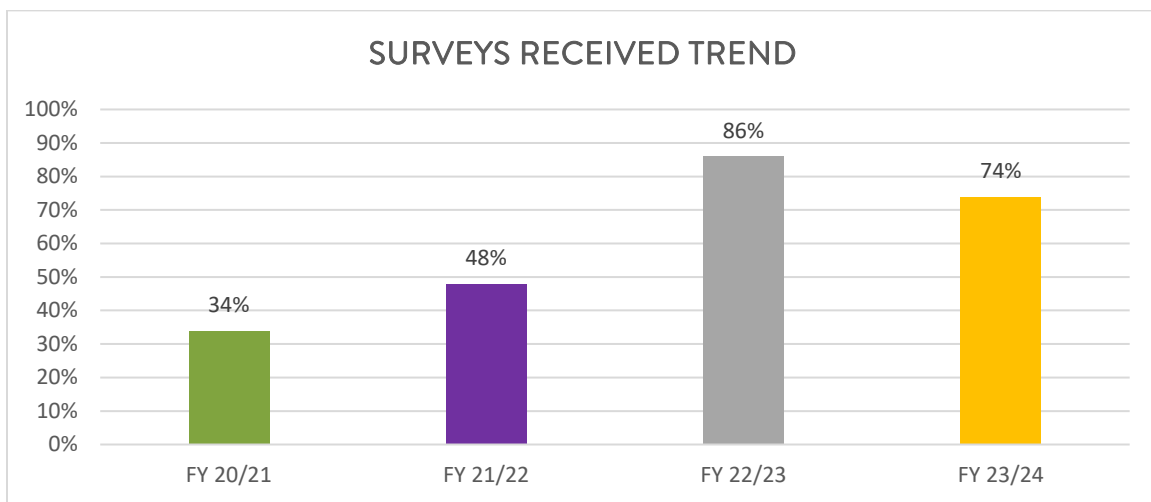
Services should reinforce coordinated agency efforts to create a seamless experience for clients, consumers, and families.

MHSA Data Reports & Demographics

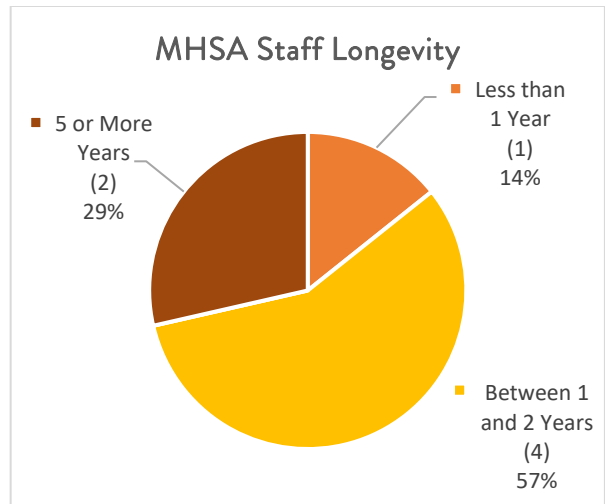
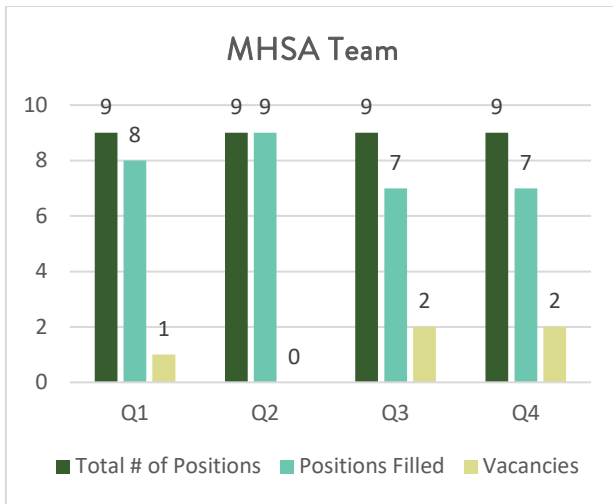
In the Fiscal Year 2023 – 2024, the MHSA Team continued dealing with the challenges of “the new normal of living with COVID-19”. The MHSA Coordination team adapted to conduct Virtual Stakeholder Meetings, In-person Stakeholder Meetings (English and English/Spanish Bilingual), and Hybrid Stakeholder Meetings (a combination of the above).



Even though the number of stakeholder meetings improved from last fiscal year (see MEETINGS graph above), the percentage of surveys received was reduced by 12% (see SURVEYS RECEIVED TREND graph below).



FY 2023 – 2024 was a year of high employee turnover for Kern Behavioral Health and Recovery Services (KernBHRS). The high turnover rate and staff longevity contributed to the decline in the number of stakeholder meetings we conducted during the fiscal year (see charts below).



CPPP INCENTIVE PROGRAM

The CPPP Incentive Program started on December 1, 2021, and continued in FY 2023 - 2024. This incentive program offers a \$20 gift card to consumers/clients, their families, and other MHSA program participants who attend an MHSA Community Forum.

To qualify for the CPPP Incentive Program, interested consumers/clients, family members, and other MHSA program participants must pre-register to attend the MHSA Community Forum. Upon pre-registration, the MHSA staff ensures that those who pre-register have reliable access to Zoom if joining virtually. If the meeting is in person, MHSA staff verifies that they have all the information needed to attend an in-person meeting.

If they do not have reliable access, the MHSA staff provide other options that may be available to them (i.e., Consumer Family Learning Center, County Library, Program Site, School) to ensure their attendance and participation.

During the MHSA Community Forum, MHSA staff confirms the attendance of the consumer/client, family member, or other MHSA program participants. If the forum is in-person, the participant will receive the \$20 gift card at the end of the meeting. If the forum is virtual, the \$20 gift card will be mailed to the address provided during pre-registration.

During the FY 2023-2024, we distributed the following number of \$20 gift cards:

MHSA Community Forum Date	JUL 2023	AUG 2023	SEPT 2023	OCT 2023	NOV 2023	DEC 2023	JAN 2024	FEB 2024	MAR 2024	APR 2024	MAY 2024	JUNE 2024	TOTAL FY 2023 – 2024
# of Gift Cards Distributed	11	10	0	11	0	9	13	5	0	8	0	5	72

The English and Spanish flyers were updated with information about the MHSa/CPPP Incentive Program (see below). The information was also shared through other communication outlets, such as weekly electronic newsletters, MHSa email invites, and KernBHRS social media platforms (see examples below).

MHSa Community Forum Flyer (English)

KERN COUNTY
BEHAVIORAL HEALTH & RECOVERY SERVICES

Mental Health Services Act (MHSa) Community Forum

THURSDAY FEBRUARY 22
Westchester Training Room
2001 28th Street, Bakersfield, CA
12:30 P.M. - 2:00 P.M.

TOPICS:

- Kern County Mental Health Services Act (MHSa) Annual Plan FY 24-25
- Listening Session

In accordance with the American Disabilities Act (ADA) if you need an interpreter, including disability related modification or accommodations, or if you need language translation, please contact the Accessibility Coordination team via email at access@kernbh.rs.org. All accommodations requests must be made 10 business days in advance to receive full consideration.

Client and family members would like to receive a \$20 gift card for participating in our MHSa Community Forum. For more information, please contact the MHSa team at mhsa@kernbh.rs.org.

Join the Meeting

Questions? Email MHSaTeam@kernbh.rs.org

MHSa Community Forum Flyer (Spanish)

KERN COUNTY
BEHAVIORAL HEALTH & RECOVERY SERVICES

Ley de Servicios de Salud Mental (MHSa) Foro de la Comunidad

JUEVES FEBRERO 22
Sala de entrenamiento de Westchester
2001 28th Street, Bakersfield, CA
12:30 P.M. - 2:00 P.M.

TEMAS:

- Plan anual de la Ley de Servicios de Salud Mental del Condado de Kern (MHSa) FY 24-25
- Sesión De Escucha

De acuerdo con la Ley Estadounidense de Estadísticas (ADA) si necesita un intérprete, incluidas modificaciones o adaptaciones relacionadas con la discapacidad, o si necesita traducción o interpretación de idiomas, por favor contacte al equipo de coordinación de accesibilidad por correo electrónico en access@kernbh.rs.org. Todas las solicitudes de acomodación deben realizarse con 10 días hábiles de anticipación para recibir una consideración completa.

Los clientes y miembros de la familia desearían recibir un vale de regalo de \$20 por participar en nuestro foro de la Ley de Servicios de Salud Mental del Condado de Kern. Para obtener más información, por favor contacte al equipo de MHSa en mhsa@kernbh.rs.org.

Unirse a la Reunión

¿Preguntas? Envíe un correo electrónico a MHSaTeam@kernbh.rs.org

KernBHRS Facebook Post

Kern Behavioral Health & Recovery Services
June 9 at 9:54 AM

HAPPENING TOMORROW: Learn more about KernBHRS housing programs at the next MHSa Community Forum on Friday, June 10 at 3PM

- Meeting Link: <https://zoom.us/j/95870863945>

For participating, clients and family members will receive a \$20 gift card. Email MHSaTeam@kernbh.rs.org for details.

MENTAL HEALTH SERVICES ACT Community Forum

FRIDAY JUNE 10
3-4:30 p.m.
Via Zoom – <https://zoom.us/j/95870863945>

TOPICS:

- Home to Stay Program presentation
- No Place Like Home program update
- Housing resources and linkage

Questions? Email MHSaTeam@kernbh.rs.org

KernBHRS Email to the MHSa Stakeholder List

Stakeholders

Tia Flores <TFlores@kernbh.rs.org>
Wed 6/9/2024, 9:51 AM
To: MHSa Team <MHSaTeam@kernbh.rs.org>

1 attachment (1 MB)
MHSa Forum 628 Eng copy.pdf

Good Afternoon Stakeholders,

Please join Kern Behavioral Health and Recovery Services and the Mental Health Services Act (MHSa) team at our upcoming Community Forum open to the public and our partners. The forum is on Wednesday June 26, 2024 and in person attendance is requested. The community forum will be held at the Westchester Training Room between 12:30 a.m. to 2:00 p.m., 2001 28th St., Bakersfield, CA

The following topics will be covered:

- Behavioral Health Act transition and timeline
- C.A.R.E. Court
- Listening Session

Lunch and beverages will be provided.

Hope to see you all there!

Tia Flores
Program Specialist II
MHSa Program
Cell Phone: 661.381.9778
Office Phone: 661.868.7526
Email: tflores@kernbh.rs.org
171 West 1000, Bakersfield, CA 93302
www.kernbh.rs.org

Community Forum (CPPP/Stakeholder) questions? Contact us at MHSaTeam@kernbh.rs.org

KernBHRS Facebook Posting

Kern Behavioral Health & Recovery Services
March 22, 2022

Join us for our upcoming virtual MHSa Community Forums via Zoom! Check out the flyers for more info, click the links below to join in during the meeting times.

3/26/22 at 5p – 6:30p: Zoom Link: <https://zoom.us/j/99653202039>

3/29/22 at 6p- 7:30p: Zoom Link: <https://zoom.us/j/94523510611> ... See more

MENTAL HEALTH SERVICES ACT Community Forum

SATURDAY MARCH 26
<https://zoom.us/j/99653202039>

FORUM 5-5:45 p.m.

TOPICS:

- Understanding the Behavioral Health Dept.
- Types of services offered
- Access and entry points into care
- Suicide prevention resources

LISTENING SESSION 5:45-6:30 p.m.
A chance to share any ideas or concerns about mental health services.
Meeting will focus on needs of Native Americans, Alaskan Natives and Indigenous People.

Questions? Email MHSaTeam@kernbh.rs.org

MENTAL HEALTH SERVICES ACT Community Forum

TUESDAY MARCH 29
<https://zoom.us/j/94523510611>

FORUM 6-6:45 p.m.

TOPICS:

- How to access care
- Overview of KernBHRS and The Center for Sexuality & Gender Diversity's partnership and internship program
- Discussion on gaps and needs in supporting the LGBTQ+ community

LISTENING SESSION 6:45-7:30 p.m.
A chance to share any ideas or concerns about mental health services.
Meeting will focus on needs of the LGBTQ+ Community

Questions? Email MHSaTeam@kernbh.rs.org

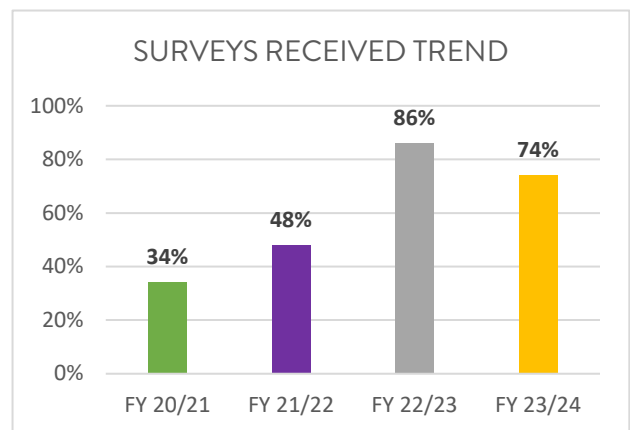
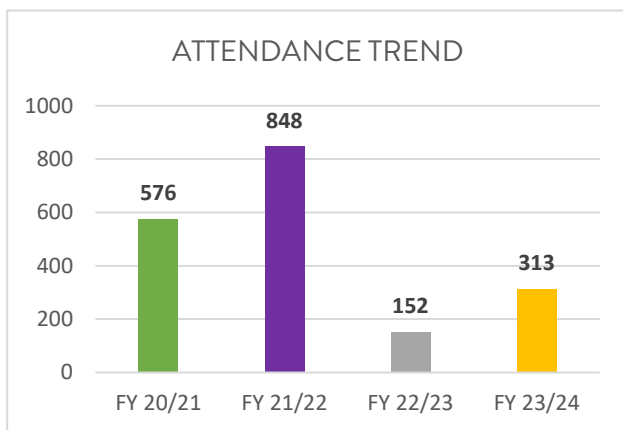
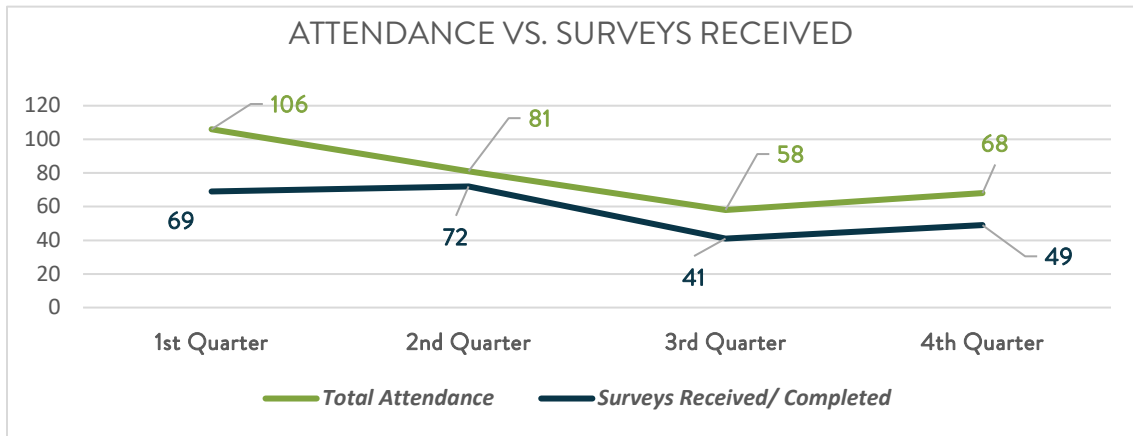
Community Forum Calendar for FY 2023 – 2024

Date	Location	Time	Participants	Focus	Attendance	Surveys Received/ Completed
July 17, 2023	Westchester Training Room	11:30 AM	Community Forum	CFLC and SET Updates MHSA Reform	15	14
July 19, 2023	Westchester Training Room	12:00 PM	SPANISH - Community Forum	MHSA Reform	13	12
July 31, 2023	Virtual via Zoom	2:00 PM	Community Forum	Program Updates (Living Well, CFLC, SET, CARE Court) and MHSA Reform Update	34	12
August 16, 2023	Westchester Training Room	12:15 PM	SPANISH - Community Forum	Program Updates (Living Well, CFLC, SET, CARE Court) and MHSA Reform Update	19	16
August 21, 2023	Commonwealth – East Training Room	1:00 PM	Community Forum	Program Updates (CSU, CFLC, and SET) and MHSA Reform Update	16	11
September 5, 2023	Westchester Training Room	11:30 AM	Community Forum	Resources for Recovery and Suicide Prevention. MHSA Reform Update	9	4
October 4, 2023	Westchester Training Room	1:00 PM	SPANISH Community Forum	#BeThe1to, Suicide Prevention, Recovery Resources, and MHSA Reform Updates	18	15
October 5, 2023	Westchester Training Room	11:30 AM	Community Forum	CFLC and MHSA Reform Updates	18	14
November 14, 2023	Westchester Training Room	11:30 AM	Community Forum	MHSA Reform Update, Opioid Settlement, and Housing Resources	16	15
December 6, 2023	Westchester Training Room	12:30 PM	SPANISH Community Forum	MHSA Reform Update, Opioid Settlement, and Housing Resources	14	14
December 7, 2023	Westchester Training Room	12:30 PM	Community Forum	MHSA Reform Updates and Listening Session	15	14
January 18, 2024	Westchester Training Room	12:30 PM	Community Forum	MHSA Annual Plan Update FY 24-25 & ARER	18	11
January 31, 2024	Westchester Training Room	12:30 PM	SPANISH Community Forum	MHSA Annual Plan Update FY 24-25 & ARER	18	11
February 22, 2024	Westchester Training Room	11:30 AM	Community Forum	MHSA Reform Update, Sever Eating Disorders, and KernBHRS Employee Wellness Initiative	22	19

April 17, 2024	Westchester Training Room	12:30 PM	Community Forum	BHSA Reform Update & Recovery Station Updates	18	10
April 24, 2024	Westchester Training Room	12:00 PM	SPANISH Community Forum	BHSA Reform Update & Recovery Station Updates	9	8
June 18, 2024	KCSOS Dream Center	11:00 AM	Community Forum	Reaching TAY Stakeholders	12	10
June 26, 2024	Westchester Training Room	12:30 PM	Community Forum	BHSA Transformation, CARE Court, and Work Your Widgets Campaign	29	21
TOTALS					313	231

CPPP – DATA COLLECTION

The following demographics were compiled based on 231 surveys collected from the 313 Stakeholders who participated in our Stakeholder Meetings during the FY 2023-2024 (July 2023 through June 2024):



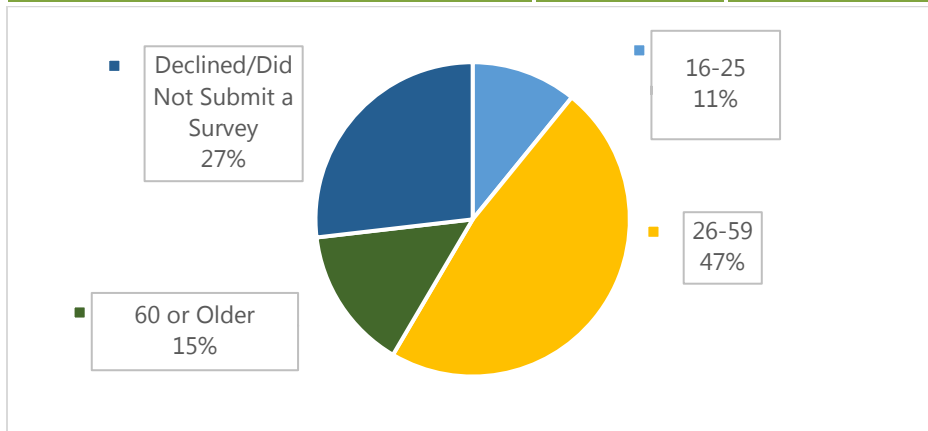
DEMOGRAPHICS

Of the 313 Stakeholders who participated in Community Forums in the FY 2023-2024, 231 (74%) of stakeholders completed a survey.

The surveys revealed that most (47%) of those who completed them were between the ages of 26 and 59, with the largest portion of this population identified as female (46%).

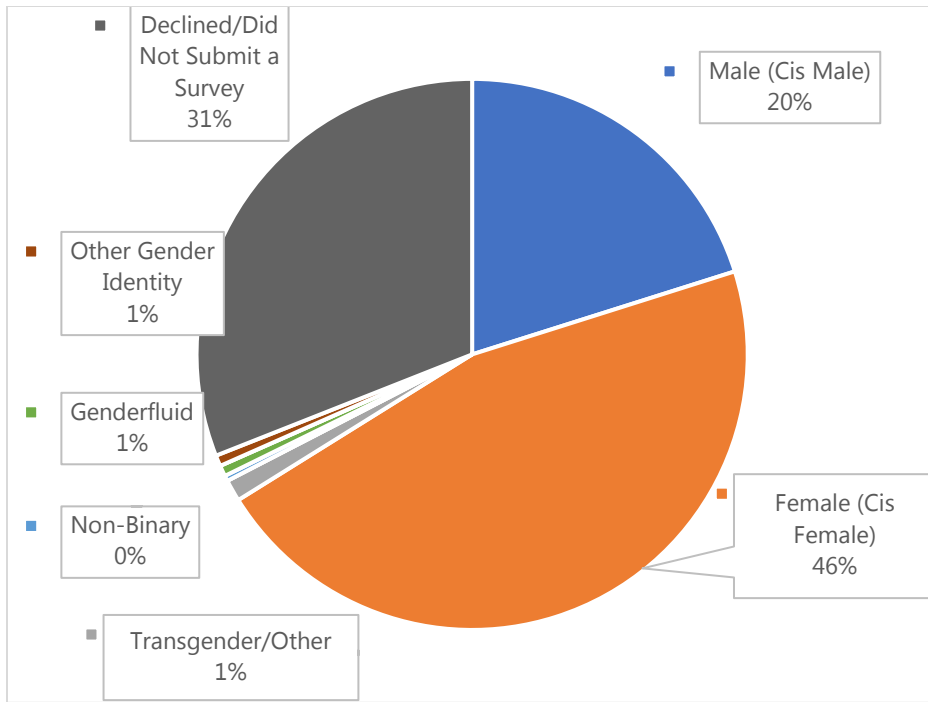
AGE OF STAKEHOLDERS

AGE GROUPS	N	%
0 – 15	0	0%
16 – 25	34	11%
26 – 59	149	47%
60 or Older	46	15%
Declined/Did Not Submit a Survey	84	27%
TOTALS	313	100%



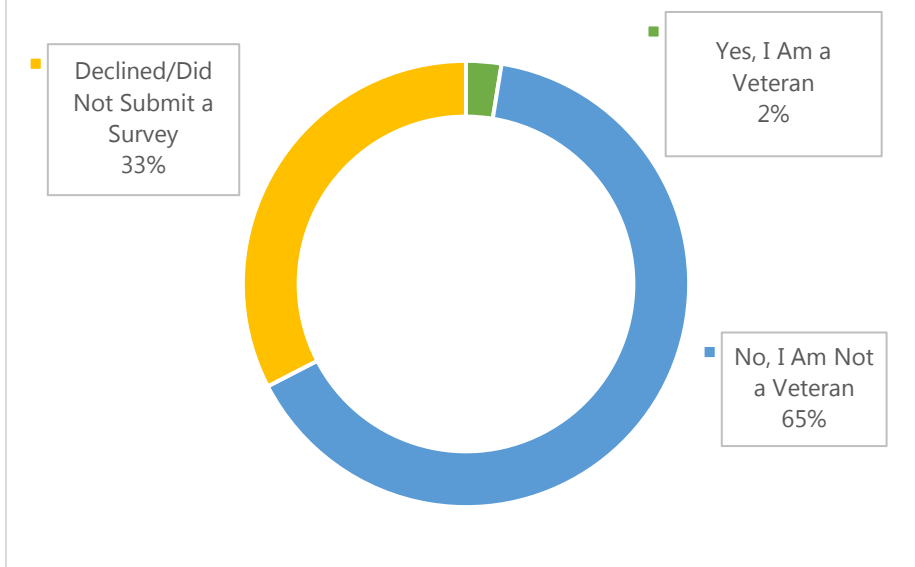
GENDER CURRENTLY IDENTIFIED

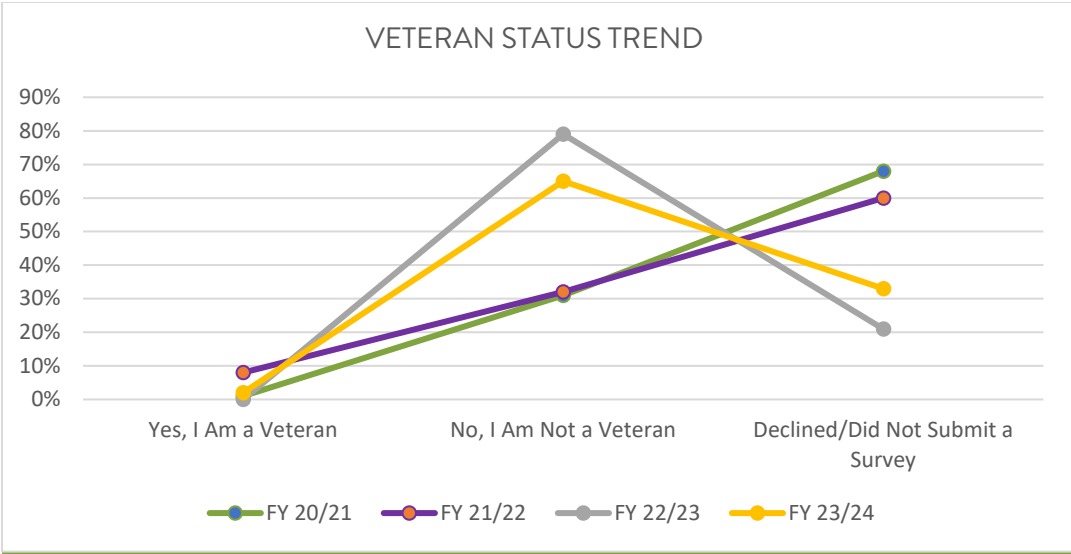
GENDER IDENTITY	N	%
Male (Cis Male)	63	20%
Female (Cis Female)	144	46%
Transgender	4	1%
Genderqueer	0	0%
Non-Binary	1	0%
Genderfluid	2	1%
Questioning or Unsure	0	0%
Other Gender Identity	2	1%
Declined/Did Not Submit a Survey	97	31%
TOTALS	313	100%



VETERAN STATUS

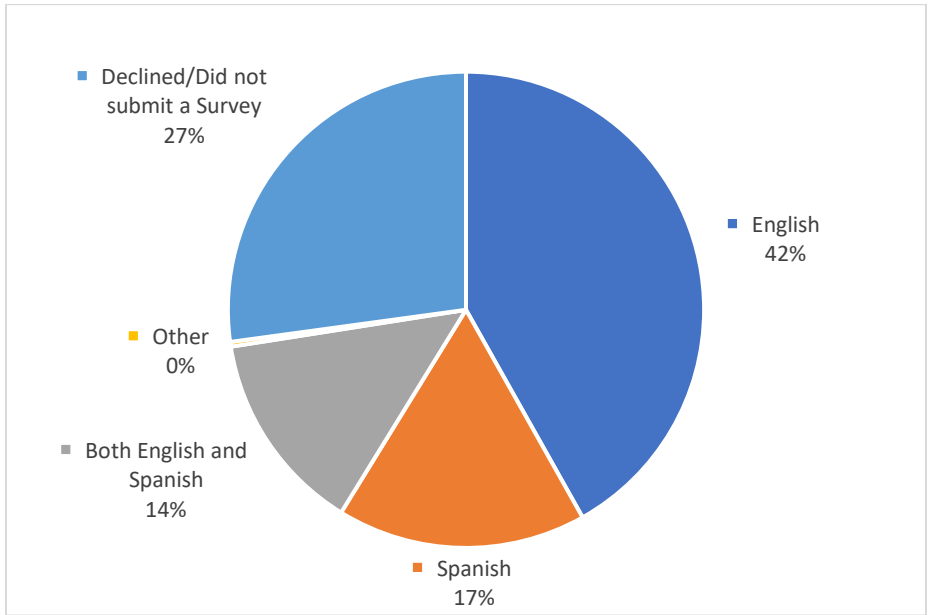
VETERAN STATUS	N	%
Yes, I Am a Veteran	8	2%
No, I Am Not a Veteran	203	65%
Declined/Did Not Submit a Survey	102	33%
TOTALS	313	100%

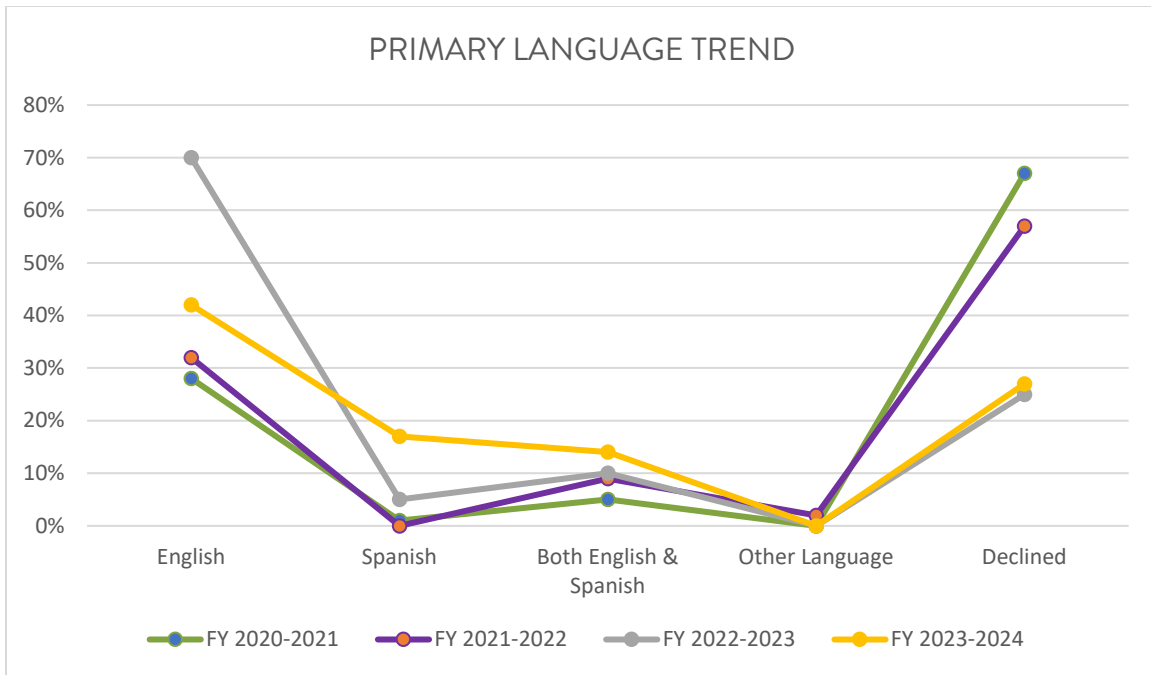
















PRIMARY LANGUAGE

PRIMARY LANGUAGE	N	%
English	131	42%
Spanish	53	17%
Both English and Spanish	43	14%
Other Language	1	0%
Declined/Did Not Submit a Survey	85	27%
TOTALS	152	100%



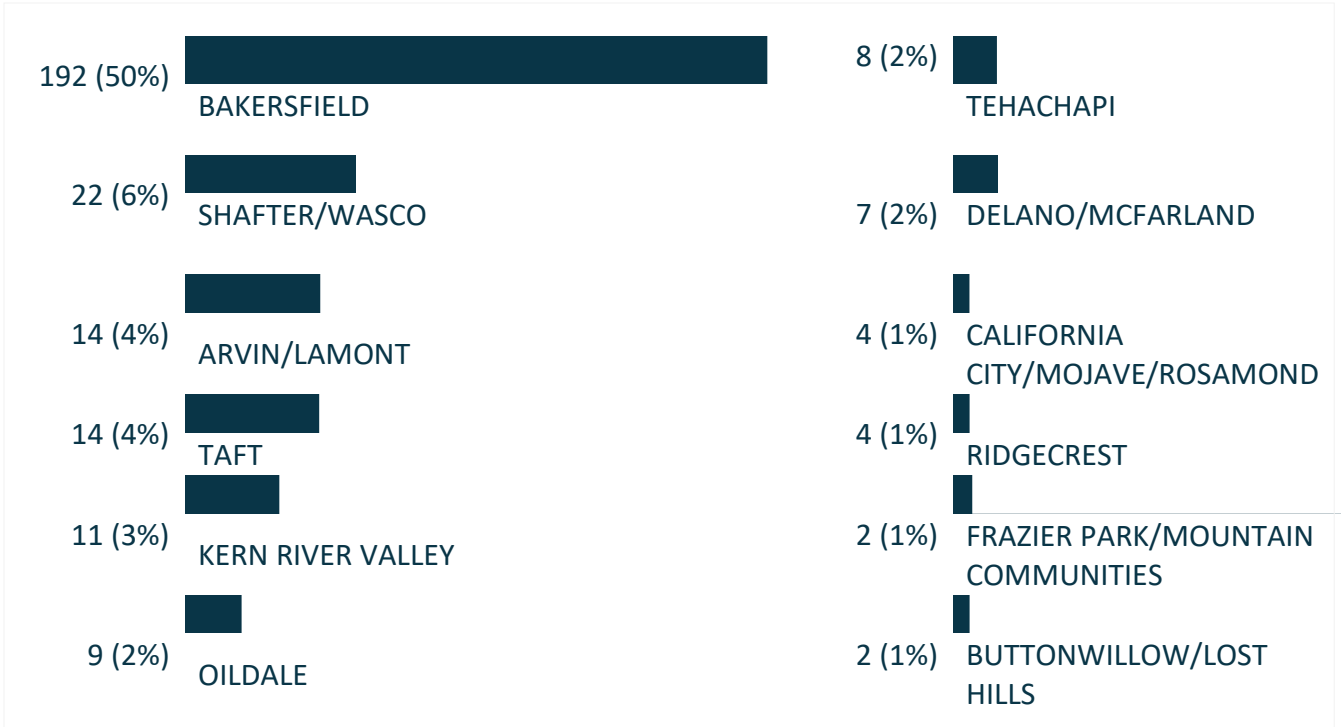


STAKEHOLDER REPRESENTATION*

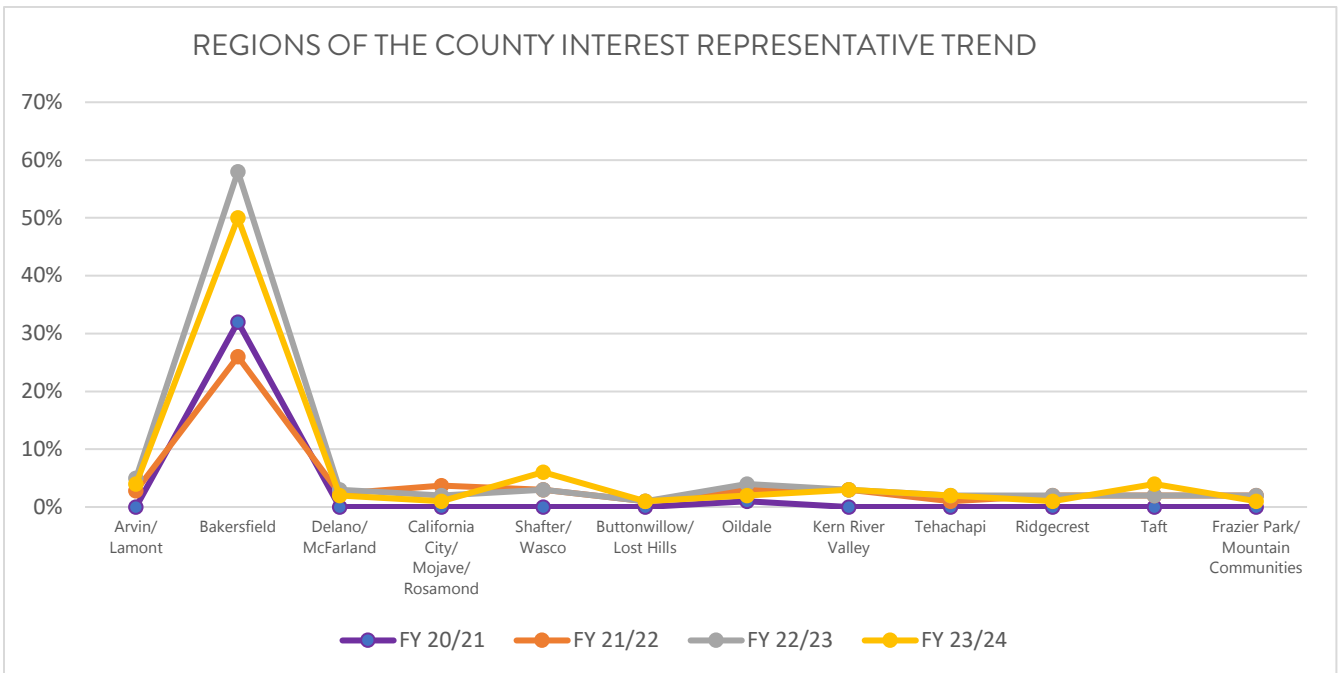
KernBHRS Staff 	Client/ Consumer/Person with Mental Illness 	Family Members of a Client 	Community Member 	Behavioral Health Provider 	Other 
80 (21%)	59 (15%)	40 (11%)	31 (8%)	21 (6%)	11 (3%)
Senior Services 	Education/ School 	County Agency Staff 	Medical Provider 	Law Enforcement 	Veteran Services 
10 (3%)	8 (2%)	6 (2%)	6 (2%)	2 (1%)	1 (0%)

*NOTE: 107 (28%) stakeholders who Declined/Did not submit a survey were not represented in the above chart.

Regions of the County Represented*

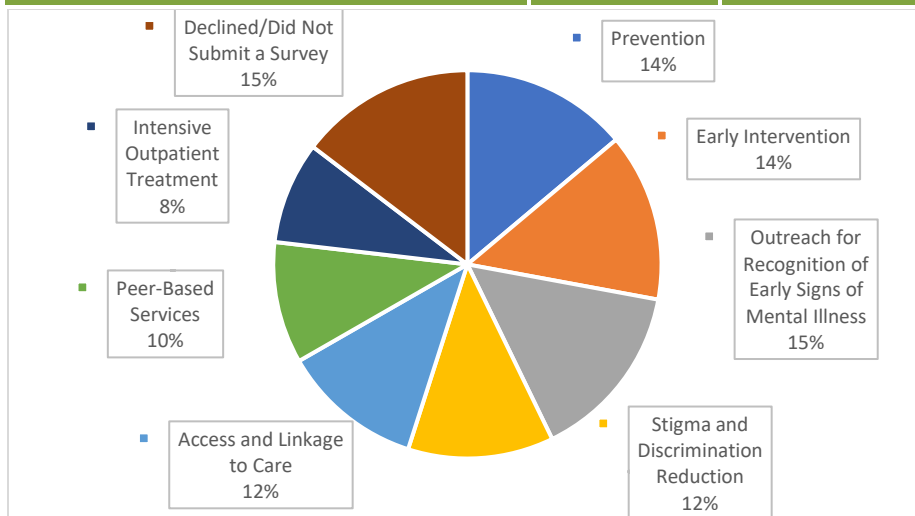


* NOTE: There was a total of 98 (25%) stakeholders who Declined/Did not submit a survey who are not represented in the above chart.

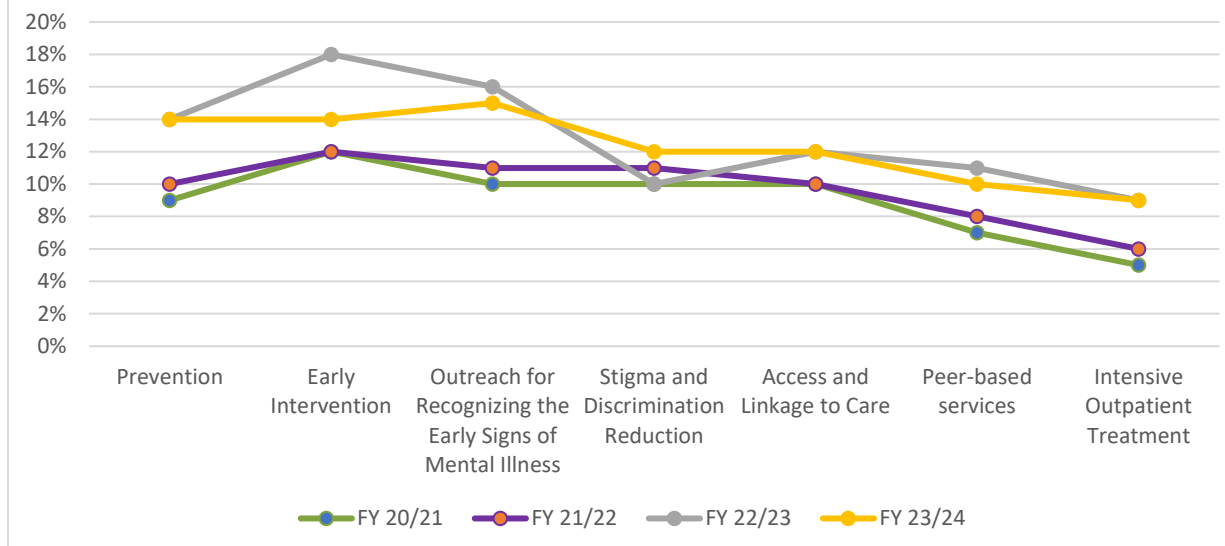


STAKEHOLDER IDENTIFIED MENTAL HEALTH SERVICE NEEDS

SERVICES	N	%
Prevention	111	14%
Early Intervention	112	14%
Outreach for Recognition of Early Signs of Mental Illness	119	15%
Stigma and Discrimination Reduction	97	12%
Access and Linkage to Care	94	12%
Peer-based Services	81	10%
Intensive Outpatient Treatment	68	9%
Declined/Did not submit a survey	117	15%
TOTALS	799	100%



TYPES OF SERVICES OR PROGRAMS THAT WOULD BE APPROPRIATE TO SERVE THE UNSERVED/UNDERSERVED TREND



UNSERVED/UNDERSERVED POPULATION

One of the questions we asked stakeholders is to tell us what populations they feel are currently unserved or underserved. The answers we receive from our stakeholders, help us assess our programs and plan needed changes to current and future services.

In the past 4 fiscal years, Homeless or at Risk of Homelessness has ranked #1 with an average of 12%.

AVERAGE 12% Homeless or at Risk of Homelessness	AVERAGE 9% Transitional Aged Youth (TAY) (16-25)	AVERAGE 8% Those in Rural Kern County Areas
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POPULATION YOU FEEL IS THE MOST UNSERVED/UNDERSERVED TREND

(DATA TABLE)

POPULATIONS	FY 20/21	FY 21/22	FY 22/23	FY 23/24
Children/ Families	4%	6%	10%	8%
Transitional Aged Youth (16-25)	6%	7%	12%	10%
Older Adults	5%	7%	8%	9%
Homeless or at Risk of Homelessness	11%	12%	16%	10%
Those in Rural Kern Areas	6%	8%	8%	8%
Veterans	6%	7%	12%	4%
Those with Substance Use Disorders	5%	6%	7%	8%
Latino/ Hispanic	5%	4%	6%	9%
Asian/ Pacific Islander	2%	3%	2%	2%
Black/ African American	4%	5%	4%	3%
American Indian / Alaska Native	0%	1%	2%	4%
LGBTQ+	4%	5%	8%	7%



FY 2023- 2024 Stakeholder Data

Age Groups:			Sexual Orientation:		
0-15	0	0.0%	Straight/Heterosexual	175	55.9%
16-25	34	10.9%	Gay or Lesbian	6	1.9%
26-59	149	47.6%	Questioning	0	0.0%
60 or Older	46	14.7%	Queer	1	0.3%
Declined/Did not submit a Survey	84	26.8%	Asexual	1	0.3%
Gender assigned at birth:			Bisexual	25	8.0%
Male	68	21.7%	Pansexual	4	1.3%
Female	160	51.1%	Another Sexual Orientation	1	0.3%
Intersex	0	0.0%	Declined/Did not submit a Survey	100	31.9%
Declined/Did not submit a Survey	85	27.2%	Race:		
Gender Currently Identified with:			Asian	11	3.5%
Male	63	20.1%	Native Hawaiian/Pacific Islander	0	0.0%
Female	144	46.0%	Black/African American	5	1.6%
Transgender/other	4	1.3%	Latino/Hispanic	114	36.4%
Genderqueer	0	0.0%	Tribal/Native American	7	2.25%
Non-binary	1	0.3%	White/Caucasian	64	20.4%
Genderfluid	2	0.6%	Two or More Races	18	5.8%
Questioning or Unsure	0	0.0%	Tribe:	0	0.0%
Other Gender Identity	2	0.6%	Declined/Did not submit a Survey	94	30.0%
Declined/Did not submit a Survey	97	31.0%	Ethnicity:		
Disability:			African	3	1.0%
Vision	8	2.6%	Asian Indian/South Asian	0	0.0%
Hearing, or difficulty understanding speech	1	0.3%	Cambodian	0	0.0%
Mental/Cognitive (excludes behavioral)	28	8.9%	Chinese	0	0.0%
Mobility/Physical	9	2.9%	Eastern European	2	0.7%
Chronic Medical illness (not limited to pain)	12	3.8%	Korean	0	0.0%
None	146	46.6%	Middle Eastern	1	0.3%
Declined/Did not submit a Survey	109	34.8%	Vietnamese	0	0.0
Veteran Status:			European	20	6.5%
Yes, I am a veteran	8	2.6%	Filipino	0	0.0%
No, I am not a veteran	203	64.9%	Japanese	0	0.0%
Declined/Did not submit a Survey	102	32.6%	Caribbean	0	0.0%
Primary Language:			Central American	14	4.6%
English	131	41.9%	Mexican/Mexican American/Chicano	114	37.3%
Spanish	53	16.9%	Puerto Rican	1	0.3%
Both English and Spanish	43	13.7%	South American	1	0.3%
Other	1	0.3%	Two or more ethnicities	23	7.5%
Declined/Did not submit a Survey	85	27.2%	Other:	0	0.0%
			Declined/Did not submit a Survey	127	41.5%

*Group/Category:			*Population you feel is most unserved/underserved in the above-mentioned communities:		
Client/Consumer/Person with Mental Illness	59	15.4%	Children/Families	57	8.4%
Family Member of a Client or Person with Mental Illness	40	10.5%	Transitional Aged Youth (16-25)	67	9.9%
KernBHRS Staff	80	20.9%	Older Adults	60	8.8%
Law Enforcement	2	0.5%	Homeless or at risk of Homelessness	65	9.6%
Veteran Services	1	0.3%	Those in Rural Kern areas	54	8.0%
Senior Services	10	2.6%	Veterans	28	4.1%
Education/Schools	8	2.1%	Those with Substance Use Disorders	56	8.3%
Community Member	31	8.1%	Latino/Hispanic	61	9.0%
County Agency Staff (Not KernBHRS Staff)	6	1.6%	Asian/Pacific Islander	13	1.9%
Behavioral Health Provider (Not KernBHRS Staff)	21	5.5%	Black/African American	19	2.8%
Medical Care Provider	6	1.6%	American Indian / Alaska Native	26	3.8%
Other	11	2.9%	LGBTQ	48	7.1%
Declined/Did not submit a Survey	107	28.0%	Other	0	0.0%
			Declined/Did not submit a Survey	124	18.3%
*Region of the County you are most involved:			*Please indicate the types of services or programs that would be appropriate to service the above-mentioned population:		
Arvin/Lamont	14	3.6%	Prevention	111	13.9%
Bakersfield	192	49.6%	Early Intervention	112	14.0%
Delano/McFarland	7	1.8%	Outreach for Recognizing the Early Signs of Mental Illness	119	14.9%
California City/Mojave/Rosamond	4	1.0%	Stigma and Discrimination Reduction	97	12.1%
Shafter/Wasco	22	5.7%	Access and Linkage to Care	94	11.8%
Buttonwillow/Lost Hills	2	0.5%	Peer-based services	81	10.1%
Oildale	9	2.3%	Intensive Outpatient Treatment	68	8.5%
Kern River Valley	11	2.8%	Declined/Did not submit a Survey	117	14.6%
Tehachapi	8	2.1%	*(Note: participants have the option to select multiple answers)		
Ridgecrest	4	1.0%			
Taft	14	3.6%			
Frazier Park/Mountain Communities	2	0.5%			
Declined/Did not submit a Survey	98	25.3%			